Join Us!

Are You a Caregiver?

## Caregiver Support Group

First Meeting Thursday, March 16th 2:00pm!

If you are a caregiver and would like to connect with other caregivers, join us for a time of sharing and emotional support.

Learn about community resources while making new friendships with other caregivers.

Join us for a time just for you, the caregiver!

Caregiver Support Group
3rd Thursday of each month
2pm
Caldwell Senior Center
650 A Pennton Avenue SW
Lenoir, NC
For additional information:
828-758-2883





